



County: Cuba

Committee: IOC (International Olympic Committee)

Topic: Illegal doping usage during/ before the Olympics.

Measures to prevent corruption and match-fixing.

Doping, enhancing an athlete's physical and mental performance during competition "substance prohibited by the International Olympic Committee (IOC), or as" conscious or unconscious use of methods by the athlete" are defined. Doping is both a foundation for unfair competition and an athlete. It disrupts your health for short and long term and even leads to possible risks of death. It is contrary to sports ethics because of why.

Almost all of the doping substances cause short or long-term side effects in the body they'll be. References some of the athletes who use it, during their sporting lives or after quitting the sport then he died due to diseases caused by the use of these substances is known. In addition to doping and doping in the country, drug use has increased, and those who use it to prevent use have been sentenced to up to 15 years in prison and a large number of fines. Anti-Doping Program is directed by the Cuban Olympic Committee. The Program carries out activities in areas such as information, education, control and sanctions, as well as science and research. Updated information and systematic education are the responsibility of the Cuban National Anti-Doping Agency, which includes representatives from various ministries (education, higher education, public health, sports, interior, and justice) and agencies (customs and others). They work together to address education in specific sectors; for example, the ministries of education and higher education work with the National Sports and Recreation Institute (INDER) to develop school-based programs at all levels. The Ministry of Public Health is charged with educating health professionals throughout the country, while the Sports Medicine Institute and INDER design and implement educational programs for sports physicians, psychologists, coaches, athletes, and sports authorities. Doping control is carried out by the National Anti-Doping Team in coordination with the Cuban Olympic Committee's Medical Commission. The team's 180 members include doping control officers and chaperones who are responsible for athlete notification and chaperoning through sample collection, ensuring sample chain of custody, and anonymous sample submission to the lab.

The Cuban Olympic Committee is the leading body in the fight against the use of doping. The Havana anti-doping laboratory will carry out tests of other athletes who will compete, especially Mexican athletes, for the 2020 Tokyo Olympics, which are scheduled to be held. The Havana Anti-Doping Laboratory and that of Rio de Janeiro, Brazil, are the only two laboratories in Latin America accredited by the World Anti-Doping Agency and the International Olympic Committee. Castro (Cuban Marxist-Leninist revolutionary and leader of the Cuban Revolution) in the past of the Olympic Games in the coming years of Cuba. he argues that it should be maintained without cheating and discrimination, as it was in its time, and that countries ' athletes should not be discriminated against. He also reports that detailed work on this issue will start as soon as possible.