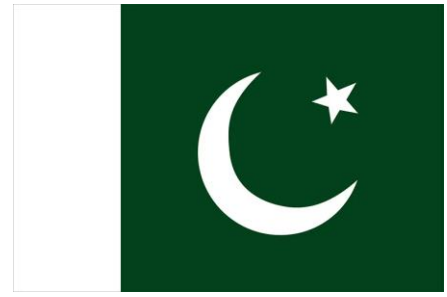


Country : Pakistan

Committee : WHO



Agenda Item : Uncontrolled Use Of
Technology And Digital Obesity

Pakistan, officially The Islamic Republic Of Pakistan is a country in South Asia.. With a population over 212.2 million, Pakistan is the fifth most populous country in the world. Pakistan has the second largest Muslim community. With an area of 881,913 km² Pakistan ranks 33rd in this area. Pakistan has a 1046 km coast on the Arabian Sea and Gulf in the south.

Due to reductions in physical activity and a significantly more sedentary lifestyle increased use of technology is linked to higher rates of obesity. Now, 40% of children suffer from obesity in Pakistan. Internet addiction is a rising health concern that has been linked to a variety of health issues, including decreased physical activity, poor sleep, and other problems. More and more people including the age of 3 of children in Pakistan, is 92% a digital addicted or suffering from obesity. People have got glued to their screen with the start of Covid-19 pandemic, which was the time when it all started to become higher and higher. With the pandemic, people in Pakistan spent their days and months in their home and got social and physical issues in their life. Abdul Qadir Patel, the health minister of Pakistan, revealed there was over 14 thousand deaths just because of obesity in 2021.

Since 2022, Pakistan is still trying to find a way to make people get away from their screen. There isn't any solution about this problem yet...