Country =Thailand

Commite =WHO

Agenda ıtem = uncontrolled use of technology and digital obesity

Since Thailand is a country that arouses curiosity with its culture, it receives many tourists. The simplest method of keeping the intense interest of tourists alive is technology. Although the technology was not a problem at first, it became uncontrollable over time.

As technology developed, the time people in Thailand spent on technological devices such as phones, computers, and tablets increased rapidly, which brought along serious technology addiction and health problems.

Unfortunately, technology mostly affects primary and secondary school children. As a result of the research conducted between 2017 and 2018 involving 71 girls and 82 boys, a total of 153 children, we see that children who spend less time on technological devices have more advanced social skills.

Fifty-two per cent of Thailand's population is addicted to technology. To reduce this number as the state, we teach children about the correct use of technology from a young age. We also direct children to sports to keep them away from technology. The majority of children turn to Thailand's most popular sport called 'muay Thai'.

In Thailand, we believe that the most important step to be taken for children to stay away from technology is to raise awareness among parents. We hope that children will grow up using technology correctly from a young age and will continue these habits in the future.

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