



## ***The Usage of Appearance and Performance Enhancing Drugs(APEDs) and Sports: Their Interconnection***

**NAME: EYLÜL ALTUNBAŞ**

**SCHOOL: İstek Atanur Oğuz Anatolian High School**

**DELEGATE: CYPRUS**

First of all, the understanding of the concepts of sports and performance-enhancing drugs separately should be examined. Starting with performance-enhancing drugs (APEDs), it is defined as the consumption of abnormal amounts of foreign substances or taking them in abnormal ways, which are prohibited for the purpose of enhancing the performance of people in any category. Among the provides, besides artificially increasing their performance in a way that is not suitable for people's morality, it causes great long-term physical and psychological harm to the users.

Sports, on the other hand, is the totality of physical or mental activities that are organized individually or as a team with different rules according to certain categories, and where competitive competitions take place.

During the competition, it is our duty to show the performance of the person themselves, to take their own work fairly and to provide the best for the health of the athlete both mentally and physically. As a member of the UNODC, we believe that sanctions such as disqualification of the athlete, loss of results, including medals and awards, and even a 4-year deprivation penalty, will provide justice when it comes to an incident such as the use of doping. In all sports competitions, Olympics, etc. Our greatest wish is to ensure equality in sports and fair competition without harming the athlete.

