# Committee: United Nations International Children's Fund

Topic: Combating Malnutrition Among Children in Underserved Regions

## POSITION PAPER

Underserved regions are among the reasons of the malnutrition and in some countries this is a big problem. As the members of the UNICEF committee, Portugal should recognize it and find solutions for it. If Portugal even don't try to find solutions, it could cost the lives, futures and dreams of many children. This position requires to protect the children from the malnutrition and help these countries to have better region facilities.

#### Understanding the Issue

Malnutrition is one of the most critical problems in the world. All over the world, a lot of children's lives are in danger. This critical problem causes the children die and it seemed like the malnutrition causes to leave defenseless from illnesses. Actually, there are causes of the children who don't have sufficient food and region facility.

## **Proposed Solutions**

First of all ensuring equitable access to food for all: Combating Food Insecurity and Famine is a must. Gender inequality is among the most important problems in the world. The most of the girls has malnutrition in some countries. Portugal have to make sure not only girls but also boys eat enough food for their development in their life. Secondly, eat healthy, stay healthy is essential should encourage the people to eat healthy. Portugal can establish markets consist of healthy food and should make sure everyone aware of it. Portugal can sell cheap things here so everyone can buy them. Thirdly, decrease the effects of malnutrition is our main point. Therefore, Portugal can minimize the effect of malnutrition through education, sustainability, recycling and saving. Portugal can vaccine the children from the illnesses what is really dangerous for the people who has malnutrition. "Everything begins with EDUCATION" this statement must be our guide to make real our dreams in a safe way. Portugal should give more education in the schools about malnutrition to understand its negative effects both human mental and physical health. If the children learn more, they will produce new solutions for it in different ways. The last but not least topic is a meal with everything. If Portugal give information about malnutrition in the schools, they can grow their own vegetables and fruits, and they can also make their meals what is healthy for children.

# Solutions and Conclusion

In conclusion, the struggle with malnutrition is so important for the children. The children who don't have enough food and good food facility has malnutrition and it's very dangerous. Portugal have to make sure every child eats enough and healthy food. Portugal have to listen each other's and study with other establishments. Every child has development right.

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