

**Topic:** Adolescent Health in LDCs

**Committee:** WHO

**Country:** Germany

**Delegate name:** Tibet Maral Korol



Honorable Chair and Esteemed Delegates,

Germany recognizes the importance of Adolescent Health in LDCs and welcomes the opportunity to address the issue in this committee. Adolescents are an important segment of any society, and it is essential to ensure their well-being and development. Adolescent health is critical for building a healthy and productive population and is essential for the overall growth of a country.

Germany acknowledges that LDCs face various challenges in ensuring adolescent health, such as poverty, lack of education, limited access to health care, inadequate health policies, and societal stigma. The challenges are particularly acute for adolescent girls, who face discrimination, gender-based violence, and restricted access to education and health services.

Germany, therefore, proposes the following measures to address the issue:

- 1. Strengthening Health Systems:** Germany recommends that LDCs should focus on strengthening health systems to ensure adequate infrastructure and resources are available to address adolescent health issues. This could include the expansion of health care facilities and services in rural areas, the provision of skilled health workers, and the development of policies to address adolescent health issues.
- 2. Investment in Education:** Germany recognizes that education plays a vital role in promoting adolescent health. LDCs should prioritize investment in education, especially for girls, to improve their health outcomes. This could include the provision of education on sexual and reproductive health, healthy lifestyle choices, and mental health.
- 3. Promotion in Gender Equality:** Germany recognizes that gender equality is fundamental to promoting adolescent health in LDCs. To this end, Germany encourages LDCs to promote gender equality and eliminate gender-based discrimination in education, health care, and society at large. Germany also supports efforts to empower adolescent girls and women, including through economic and political participation and leadership roles.
- 4. Comprehensive Sexual and Reproductive Health Education:** Germany emphasizes the importance of comprehensive sexual and reproductive health education, including access to contraceptives and safe abortion services, to promote adolescent health in LDCs. This education should be evidence-based, age-appropriate, and culturally sensitive, and should address issues such as early marriage, unintended pregnancies, and sexually transmitted infections.

**5. Mental Health Support:** Germany recognizes the importance of addressing mental health issues among adolescents in LDCs, including depression, anxiety, and stress. Germany encourages LDCs to promote mental health services, including counseling services and peer support groups, to promote emotional well-being and prevent suicide.

In conclusion, Germany believes that addressing adolescent health in LDCs is essential for the development and well-being of the population, and encourages all member states to take proactive measures to address this issue. Germany supports a collaborative, multi-stakeholder approach, which includes governments, civil society, youth-led organizations, and the private sector, to address adolescent health challenges in LDCs. Germany is committed to working with the WHO and other member states to find innovative solutions to improve health outcomes for adolescents in LDCs.